

# The Upcoming Externally-Led Patient-Focused Drug Development Meeting on Cerebral Creatine Deficiency Syndromes (CCDS)



# Welcome

The Externally-Led Patient Focused Drug Development (EL-PFDD) meeting is an exciting opportunity to inform the U.S. Food and Drug Administration (FDA) and other stakeholders about the patient perspective of living with CCDS

## Make Your Voice Heard!

This is your one-time opportunity to share your story of living with CCDS with these important decision-makers

It doesn't matter where you live, where you are in your journey, what matters is your story

The primary goal: to hear directly from patients and caregivers about their perspectives on living with CCDS and their experiences with treatments

Outcome: improve the development of new drugs in the research pipeline and inform the context in which regulatory decisions will be made for new drugs for CCDS

# Sponsors

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# Webinar Housekeeping

- Today's webinar is scheduled to last approximately one hour
- All participants will be muted to allow the speakers to present without interruptions
- The webinar will be recorded and available for later viewing on <https://www.creatineinfo.org/el-pfdd>
- To ask questions during the webinar, please use the Q&A box at the bottom of your screen and we will answer them at the end of the webinar.

# What is the Purpose of Meeting?

To educate the Food & Drug Administration (FDA) and other stakeholders on:

- ✓ What it is like to live with CCDS
- ✓ How has CCDS impacted your life
- ✓ How you are currently managing CCDS
- ✓ What a meaningful treatment would look like to you

# Why Should I Participate?

- Opportunity to have Your Voices heard
- The FDA approves all treatments for CCDS and needs to know what is important to you
- This knowledge will impact their decision-making, and lead to better treatments and potentially faster approvals for CCDS treatments

# Why Now?

- The **Patient's Voice** has historically been absent from the drug development process
  - ✓ Until a drug was approved by the FDA (sometimes to treat symptoms not important to patients), or
  - ✓ A clinical trial was failing and the drug company or FDA wanted input from actual patients to understand the problem
- Want your Voices heard at the beginning of the process and throughout
- Stakeholder engagement = FDA Priority
  - ✓ Initiated a *Patient Focused Drug Development Program* to learn about disease impact on patient's lives both from patients and their caregivers

# The EL-PFDD Meeting on CCDS & Your Role in Drug Development

What Is It? and How Can You Participate?

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# Overview

- Background on FDA & Drug Development
- Introduction to Patient-Focused Drug Development & Role of Patient Voice
- Overview of the EL-PFDD Meeting
- Guide to Participating in the Meeting
  - Logistics, Format, & Tips

# Background on FDA and Drug Development

# Drug Discovery

- Typically, researchers discover new drugs through:
  - New insights into a disease process that allow researchers to design a product to stop or reverse the effects of the disease
  - Many tests of molecular compounds to find possible beneficial effects against any of a large number of diseases
  - Existing treatments that have unanticipated effects
  - New technologies, such as those that provide new ways to target medical products to specific sites within the body or to manipulate genetic material
- Once researchers identify a promising compound, the development of drugs follows a well-established path to make sure that they are safe and effective when they reach the public

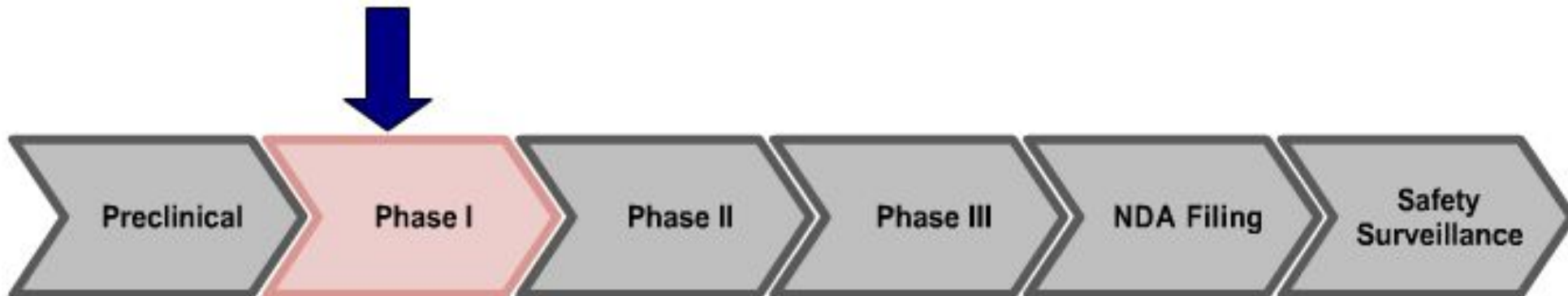
# Preclinical Development

- Preclinical work occurs before a new drug or biologic is tested in humans
- Primary goals are to determine whether the product is
  - Reasonably safe for initial use in humans
  - Sufficiently effective against a disease target in chemical assay tests or animal models
- The end results of the preclinical stage of development is an Investigational New Drug Application (IND)



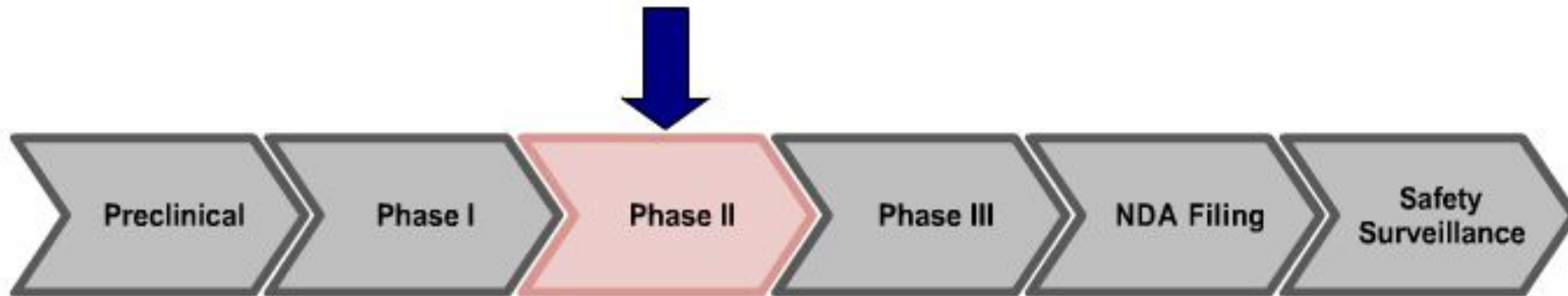
# Clinical Development - Phase 1

- IND submission
  - Pharmacology/Toxicology Studies
  - Manufacturing Information
  - Clinical Protocols and Investigator Information
- Phase 1 primary goals
  - Place emphasis on a drug's safety
  - Determine the most common side effects of a drug



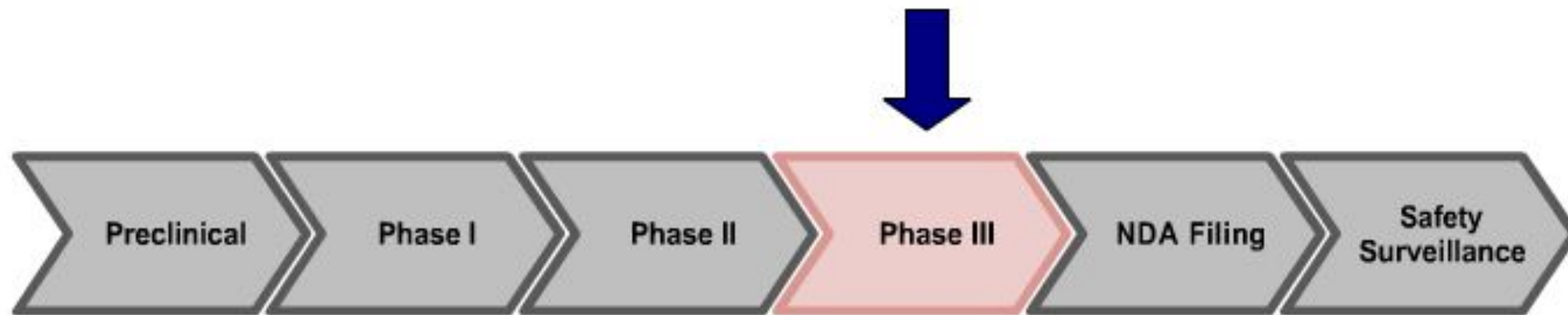
# Clinical Development - Phase 2

- Primary goals
  - Place emphasis on a drug's effectiveness
  - Determine if the drug works in people who have a certain disease
  - Compare the drug against placebo
  - Continue to monitor short-term side effects and other safety



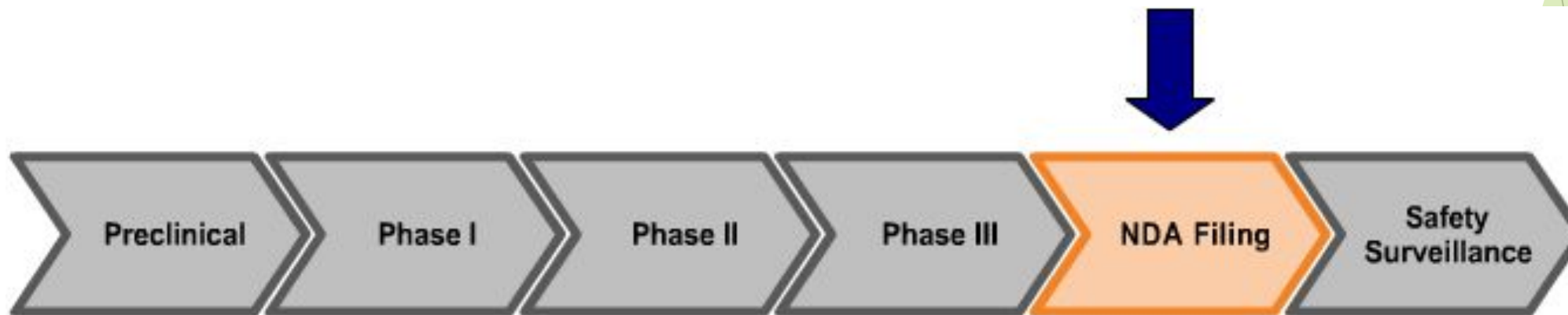
# Clinical Development - Phase 3

- Primary goals
  - Traditionally large-scale, randomized, placebo-controlled trials
  - Continued assessment of effectiveness, duration of effect, effect in different populations, varying dosages
  - Safety evaluation continues, including potential drug-drug interactions



# NDA/BLA Submission

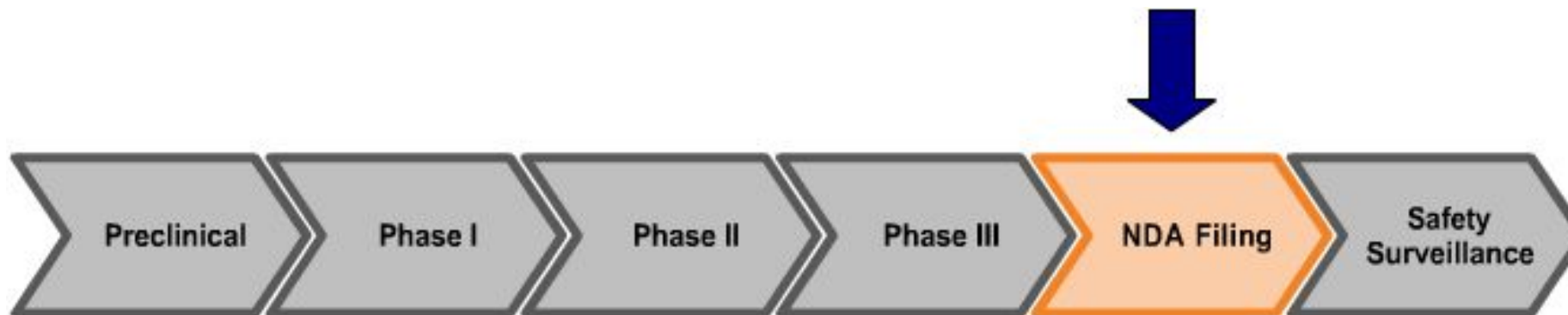
- FDA holds Pre-NDA meeting
  - Identify pivotal studies
  - Discuss methods of statistical analysis
  - Uncover major unresolved issues
- NDA includes all animal and human data from the development program





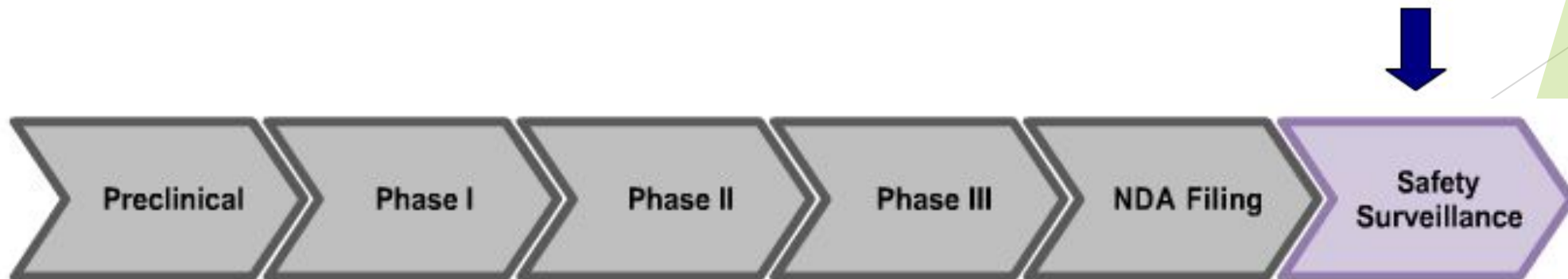
# FDA Review

- FDA determines the application's completeness and assigns a review team to evaluate the application
- FDA assesses
  - Whether effectiveness has been demonstrated for the drug's proposed use
  - Whether the safety assessment is adequate to conclude that the drug is safe (i.e., the benefits of the drug outweigh the risks)
  - Whether the manufacturing methods and the controls used to maintain the product quality are adequate



# Post-Market Safety Surveillance

- Knowledge about a product will always be limited at the time of approval
  - Clinical studies are brief in duration and involve a limited patient population
  - New safety information often emerges after a product is used in a wider patient population
- FDA maintains an active program in post-market safety surveillance to monitor adverse events



So what exactly is FDA's role?

# Drug Development & Clinical Trials

- *FDA does not develop drugs*
  - Researchers, pharmaceutical companies, and nonprofit groups conduct disease research and drug development
- *FDA does not test drugs* in clinical trials
  - FDA does not run clinical trials
  - FDA staff are not onsite for clinical trials
  - Researchers conducting trials must seek FDA approval before beginning

# Practice of Medicine & Drug Costs

- FDA does not have authority to regulate the practice of medicine
  - FDA regulates the development and marketing of medical products
  - Doctors are free to prescribe FDA-approved drug for other conditions (known as “off-label” use)
- *FDA does not regulate the price of medicine*
  - Consideration of drug prices is not part of FDA’s mandate
  - FDA cannot base an approval decision based on drug price
  - FDA does not even receive pricing information during a review

# FDA's Role in Facilitating Drug Development

- FDA's mission includes “Promoting Public Health”
- FDA reviewers have expert knowledge on drug development and clinical trials
  - FDA provides technical help to researchers and drug developers
  - FDA helps companies design clinical trials and studies
  - FDA has numerous meetings with companies throughout the drug development process

For more information,  
on FDA regulation of medical products, as  
well as other ways to get involved, visit:

<http://www.fda.gov/ForPatients/>

# Introduction to Patient-Focused Drug Development





# Purpose of the Meetings?

- FDA wanted a more systematic way to gather the patient perspective about the condition and available treatment options
- Helps inform their understanding of the context for benefit/risk assessment and decision making for new drugs
- Patient input helps the FDA during drug development and their review of an application for marketing a new drug

# Benefit-Risk Assessment

- Analysis of Condition
- Current Treatment Options



Provides regulators with the clinical context for weighing benefits and risks

- Benefit
- Risk
- Risk Management



Incorporates expert judgments based on evaluation of the efficacy and safety data and the expected impact of efforts to reduce and further characterize risks

# CCDS EL-PFDD Meeting

- Framework for discussion questions came from FDA's benefit-risk framework; represents important considerations in their decision making
- We reviewed this & other disease area questions and tailored our agenda/panel questions to communicate the most important information related to CCDS
- FDA emphasizes that:

*ACTIVE PATIENT INVOLVEMENT & PARTICIPATION IS  
THE KEY TO THE SUCCESS OF THESE MEETINGS!*

# “Voice of the Patient” Report

- We will prepare a written “Voice of the Patient” report after the meeting
- Summary of caregiver & audience testimony, polling data & submitted written comments
- Key communication to FDA review staff & drug developers about what is most important in a treatment to patients and caregivers
- FDA wants this information; informs them about ways meaningful treatments for CCDS can be developed

# Participating in the Meeting

# Meeting Logistics

- Who?
  - ✓ CCDS patients and caregivers, FDA staff, and pharma and biotech companies, and anyone interested in learning
- When?
  - ✓ January 24, 2023 from 10:00 am - 3:00 pm EDT
- Where?
  - ✓ Virtual - Anywhere
- How?
  - ✓ Interactive Live Stream at <https://www.creatineinfo.org/el-pfdd>

# Overview of the Agenda

- Welcome and introductory comments from ACD & FDA
- Clinical background on CCDS by CCDS expert
- Interactive discussion broken into two topics:
  1. How CCDS symptoms affect your life
  2. How you manage symptoms and current & future approaches to treatment
- Topics will include pre-recorded patient panels and will include polling questions and a moderated discussion with the audience (YOU!)
- Summary & closing comments

# Discussion Questions

## Topic 1: *Living with CCDS: Disease Symptoms and Daily Impacts*

- Of all the symptoms of CCDS which 1-3 symptoms have the most significant impact on your or your loved ones life?
- How does CCDS affect you on best and on worst days? Describe your best days and your worst days.
- Are there specific activities that are important to you that you or your loved one cannot do at all or as fully as you would like because of CCDS?



# Discussion Questions (cont.)

## Topic 1: *Living with CCDS: Disease Symptoms and Daily Impacts*

- How have your symptoms changed over time?
  - How has your ability to cope with the symptoms changed over time?
- What do you fear the most as you or your loved one gets older?
  - What worries you most about your condition?
  - What frustrates you most about your condition?

# Discussion Questions (cont.)

## Topic 2: *Current Challenges to Treating CCDS*

- What are you currently doing to manage CCDS symptoms?
- How well do these treatments treat the most significant symptoms of your CCDS?
- What are the most significant downsides to your current treatments and how do they affect your daily life?
- Short of a complete cure, what specific things would you look for in an ideal treatment for CCDS?

# Discussion Format

- There will be a panel of patients for each topic
  - The purpose is to set the foundation for the broader audience discussion
  - Panelists are selected to reflect a range of experiences with the condition
- Patients in the audience and online will have a chance to answer “polling” questions
  - Their purpose is as a starting off point for the discussion
  - Will use a browser on cell phone, tablet, or computer to respond
- Then move to a discussion with patients in the audience
  - The purpose is to build on the experiences shared by the panel
  - A moderator will ask questions and invite you to submit responses

# Tips for Effective Participation

- Remember FDA's role & the purpose of the meeting
- Review each Discussion Questions in advance
- If you have something important to share, relate it to the most appropriate topic/panel question and **call in**
- It is okay to reiterate a feeling/experience already voiced by someone that is similar to your own, but give it a personal or unique perspective
- **Keep your comments concise & focused**; there are many voices to be heard about this emotional topic
- You can always send in additional comments after the meeting

# Participating in the Discussion

- Participate in the meeting:
  - By webcast (remotely; polling questions, call in comments & written submissions)
- Register for meeting:
  - Pre-Register (NOW) at <https://www.creatineinfo.org/el-pfdd>
  - Comments with answers to the questions may be submitted prior to the meeting (NOW) and for up to 30 days after the meeting
  - Comments will be included in the “Voice of the Patient” report to be submitted to FDA

# Summary

- This is YOUR OPPORTUNITY to be part of the process
- You can have a meaningful impact on clinical trial design & drug development
- Your (collective) voices must be heard at the *beginning* of the process to help:
  - ✓ Companies design trials that meet your needs
  - ✓ FDA assess risks & benefits with a full understanding of the impact of CCDS & the patient perspective
- HELP MAKE A DIFFERENCE!!

# Questions & Answers

We look forward to your  
participation on  
January 24<sup>th</sup>!!

Thank You!